



Summaries of Volunteer Opportunities at Cocoon House

Indirect Service

Indirect Service Volunteers help our residents by participating in short term (and some long-term) projects that are needed to help keep our shelters and transitional housing safe, healthy, and fun places for teens to be.

To apply for an Indirect Service Volunteer position, please fill out a volunteer application and email it to our volunteer coordinator, Rachel Fisher, at rachel.fisher@cocoonhouse.org, or fax it to 425-317-9632. You must be at least 21 years old to volunteer at Cocoon House.

Indirect Service Volunteer Opportunities Include:

Maintenance

Throughout the year we have many routine maintenance projects that volunteers can help us with. We need carpenters, electricians, plumbers, etc.

Locations: All

Guest Chef

A great way to help us, especially if you have a group of volunteers, is to reserve a day to come in and cook a meal for our residents. Guest Chefs usually come in on Fridays or Sundays, but other days are possible as well. Volunteers can choose to Guest Chef every week, once a month, or for just one night.

Locations: Monroe (East Shelter)

Events

Cocoon House has outreach and fundraising events in Snohomish County throughout the year and we often need volunteers who can help with day-of tasks such as staffing tables, helping with setup and takedown, greeters, and more. Events are the perfect opportunity for volunteers who would like to get involved but can't commit to frequent activities, or for volunteers under the age of 21.

Donation Drives and Fundraisers

Do you like to plan events? Do you have connections to community members, schools, or businesses that like to give to good causes? If you answered yes, then this is the volunteer position for you! Cocoon House is looking for donations of holiday gifts for our residents, clothing, school supplies, household items, office equipment, toiletries, and much much more!

Yard Work

Our shelters need help with maintaining their yards. Work includes mowing, weeding, watering, raking leaves, pruning, etc.

Locations: Everett (Complex and Central Shelter)

Direct Service

Direct Service Volunteers get to work one-on-one or in a group setting with our teen residents on a regular basis.

To work directly with our teens, we ask that you commit to volunteering AT LEAST every other week for a minimum of 3 months (depending on the needs of the resident or program/activity). To be



eligible for these volunteer positions you must be at least 21 years old and submit to a background check.

To apply for a Direct Service Volunteer position, please fill out a volunteer application and send a resume to our volunteer coordinator, Rachel Fisher, at rachel.fisher@cocoonhouse.org, or fax it to 425-317-9632.

Direct Service Volunteer Positions Include:

Math and Science Tutors

Most of our residents are either in high school, running start, or in the process of getting their GED, and need tutors to work with them on a weekly basis. Our most current need is for Math and Science tutors.

Locations: Arlington (North Shelter)

Mentors

Teen residents at Cocoon House have dealt with much more than any person at their age should have to go through, and most have not had positive role models or supportive adults in their lives. A mentorship is a great opportunity to give a teen someone to look up to, someone to learn from, and someone to create a healthy, meaningful relationship with. Many of our teens also need someone to take them to meetings or activities off-site, offering a perfect time to engage them in conversation.

Locations: All

Workout Buddies

Do you like to workout? We need volunteers who can take residents to the local YMCA to workout, swim, play basketball, etc.

Locations: Monroe (East Shelter), Arlington (North Shelter)

Prevention Program Volunteers

Cocoon House's prevention program is looking for volunteers to help with the following activities:

- Creating a short video about the prevention programs
- Literary authors who could help teens involved in the WayOUT program write their stories
- Master's therapist who can lead a teen support group for WayOUT

Job Shadowing

Do you have an interesting job that might resonate with a teen? For our teens who know what they want to do as their career or for those who are still trying to figure it out, job shadowing is a great way for them to get experience in their field of interest, as well as get introduced to new potential careers.

Locations: All

Driving Lessons

Many youth who either live at Cocoon House or take advantage of our programs need help practicing driving outside of their Drivers Ed. Classes. We ask that these volunteers be willing to use their own vehicles if needed.

Locations: All

Special Volunteer Opportunity!



Guest Teach a Life Skills Class

Every Monday night, teen residents at each residential facility get together to learn life skills such as building a resume, the road to recovery, how to change a tire, beginning photography, yoga, managing conflict, etc. Volunteers are needed to help guest teach for a night. If you have special skills or knowledge on a particular topic related to life skills and would like to guest teach for a night, this is your opportunity!
Locations: Everett (Complex and Central Shelter), Monroe (East Shelter)

To apply to guest teach a life skills class, please fill out a volunteer application and write a 1-page description or outline of what you would like to teach and how you will go about teaching it. Email both to our Volunteer Coordinator, Rachel Fisher, at rachel.fisher@cocoonhouse.org, or fax it to 425-317-9632. You must be 21 years old to volunteer at Cocoon House.